

# STAY SAFE ONLINE

At Windstream we care about your safety. Below are some terms and tips to help you stay safe on the Internet.

## CYBER CRIME

Cyber Crime is when someone steals your information, money or identity.



## PASSWORDS

Passwords are used to protect you from Cyber Crime. Keep your passwords safe. Don't tell anyone what your password is other than a trusted adult.

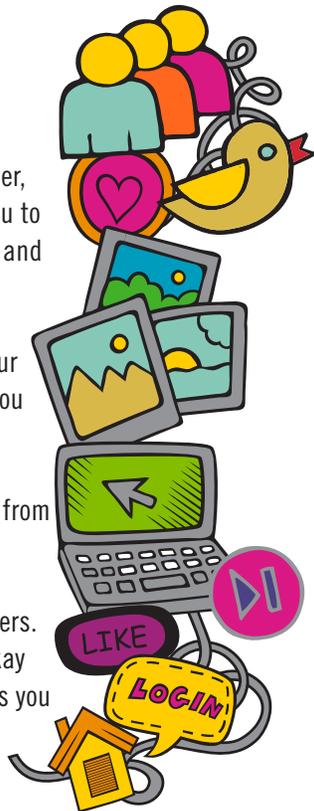
## SOCIAL MEDIA

Social Media can be fun. Apps like Facebook, Instagram, Twitter, Pinterest and Snapchat allow you to talk with friends, share photos and play games.

Don't share information like your name or address with anyone you don't know.

Don't accept "friend" requests from someone you don't know.

Don't share photos with strangers. And make sure you would be okay with everyone seeing the photos you post. Once it's on the Internet, there is no getting it back.



## CYBERBULLYING

Cyberbullying can be very hard to deal with if you are the target of the bully. Some examples are below:

-  Sending mean or threatening emails, instant messages, text messages or comments in social media
-  Excluding someone from a group chat or group text for no reason other than to be mean
-  Tricking someone into revealing embarrassing information and sending it to others
-  Breaking into someone else's email account and pretending to be them while sending cruel or untrue messages
-  Creating a website that makes fun of others such as a classmate or teacher



**Do NOT respond to a Cyberbully.** They want you to respond. Don't give them the satisfaction. And don't become a cyberbully yourself, instead do the following:

-  Save the evidence of the cyberbullying and report them to parent or teacher.
-  Be relentless. Keep reporting each and every bullying incident until it stops.
-  Prevent communication from the cyberbully, by blocking their email address, cell phone number, and deleting them from social media contacts.
-  Don't blame yourself. It is not your fault. No matter what a cyberbully says or does, you should not be ashamed of who you are or what you feel. The cyberbully is the person with the problem, not you.

## FOR MORE SAFETY TIPS GO TO:

[netsmartzkids.org](http://netsmartzkids.org)

[sos.fbi.gov](http://sos.fbi.gov)

# BE SAFE. HAVE FUN.

Draw a line to  
SAFE or UNSAFE  
for these activities.

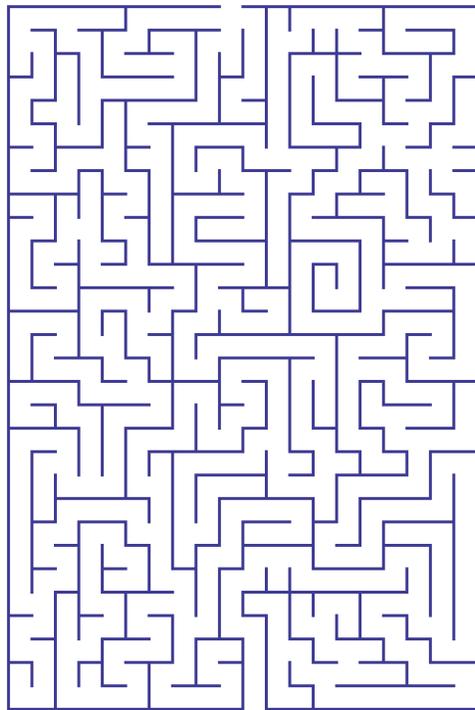


- I can look up information for my homework
- I can tell people where my house is located
- I can tell people online that I have a dog named Tiger
- I can share that I like to play soccer
- I can share my first and last name online
- I can chat with people I don't know
- I can tell an adult if I feel uncomfortable online
- I can use a nickname instead of my own name
- I can help my family and friends learn about technology
- I can go to websites adults have said I can go to
- I can tell people that I am 9 years old
- I can let my friends use my username and password to sign online



## "LIKE" THE PHOTOS MAZE

START



FINISH



## INTERNET SAFETY PERMIT

- I will not share my personal information with others online
- I will not ask others for their personal information
- I will not click on inappropriate pop ups or ads
- If anything inappropriate comes up on my electronic device or computer, i will turn it off and get an adult
- I know that anything i put online will never go away
- I know that what i read online is not always true
- I know that my parents can see everything i access online
- I will not cyber bully or encourage cyber bullying. i will tell an adult if myself or someone else is a victim of cyber bullying
- I will be responsible and make good choices while using electronic devices, computers, and the internet

SIGNATURE